



# one pan curry pasta

17 MINUTES 4 SERVINGS

**vegetarian &  
can be made  
vegan!**

## INGREDIENTS

- 4.5 cups broth
- 10 oz pasta
- 1 cup frozen peas
- 1/2 cup cream
- 1 onion
- 1 carrot
- 3 garlic cloves
- 2 tbsp butter
- 2 tsp curry powder

Adapted from: [sprinklesandsprouts.com](http://sprinklesandsprouts.com)



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# one pan curry pasta

## PROCEDURE

1. Peel and finely chop onion, garlic, and carrot
2. Melt butter in large pan
3. Add onion and carrot and cook about 5 minutes
4. Add garlic and stir
5. Pour in broth and curry powder
6. Bring to a simmer and add pasta and frozen peas. Stir well and reduce heat to a medium
7. Stir every couple of minutes for about 10 minutes
8. Once the pasta is cooked, add in cream and boil for one minute to thicken sauce
9. Serve and enjoy!



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