

peachy peanut butter pita pockets

10 MINUTES 2 SERVINGS

INGREDIENTS

- 1 whole wheat pita pocket
- 2 Tbsp of peanut butter
- 1 apple, thinly sliced
- 1 banana, thinly sliced
- 1 peach, thinly sliced

PROCEDURE

1. Cut the pita in half to make 2 pockets. You can also warm them in the microwave for a few seconds before adding the peanut butter and the fruit!
2. Spread the peanut butter on the inside and begin adding the apple, peach and banana slices!



This institution is an equal opportunity provider. This material was funded in part by SNAP.

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