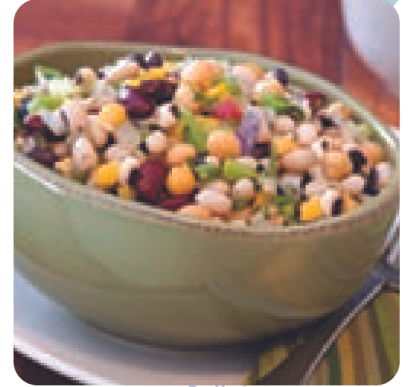
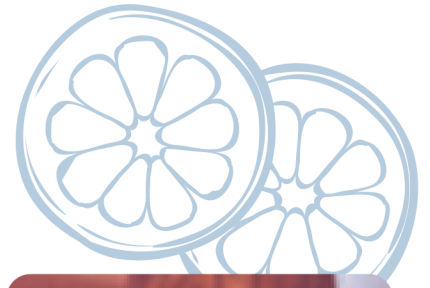


Hoppin' John Salad

16 MINS 6 SERVINGS

INGREDIENTS

- 1 can (15oz) black-eyed peas, rinsed and drained
- 3 cups cooked brown rice
- 1/2 cup purple onion, chopped
- 1/2 cup celery, chopped
- 1/4 cup parsley, chopped
- 1 clove garlic, chopped
- 3 tbsp lemon juice
- 1/4 cup olive oil
- 1/4 tsp pepper



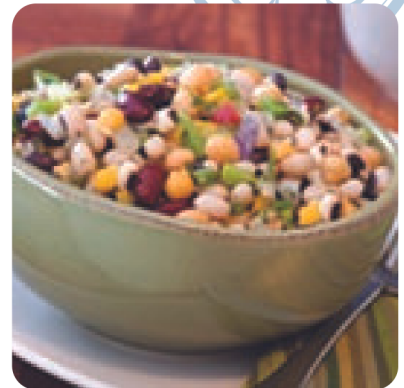
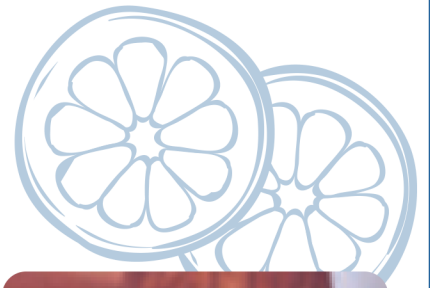
Adapted from: goodfoodgoodmove.org
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Hoppin' John Salad



PROCEDURE

1. Combine black-eyed peas, rice, onion, and celery in large bowl.
2. Top with parsley and garlic.
3. Whisk together lemon juice, olive oil, and pepper. Pour over rice mixture.



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