

# Mini Stuffed Bell Peppers

## INGREDIENTS

- 10-12 mini bell peppers, halved, seeded
- 1/2 pound lean ground beef
- 2-3 tbsp taco seasoning
- 1/2-1 cup shredded mixed cheese
- Optional toppings: sliced green onions

## PROCEDURE

1. Preheat your oven to 375°F
2. In a skillet over medium-high heat, cook the lean ground beef until it's browned & fully cooked. Season with taco seasoning while cooking beef.
3. Stuff each mini bell pepper with the seasoned ground beef mixture.
4. Place the stuffed peppers in a baking dish.
5. Sprinkle the shredded mixed cheese over the stuffed peppers, covering them evenly.
6. Bake in the preheated oven for about 15-20 minutes, or until the peppers are tender and the cheese is melted and bubbly.
7. Once done, remove the stuffed peppers from the oven and let them cool slightly.
8. Optional: Garnish with chopped fresh cilantro, diced tomatoes, sliced green onions, sour cream, salsa, or guacamole before serving.



**12 SERVINGS 35 MIN**  
SERVING SIZE 1-2 HALVES



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